



CITY OF GERMANTOWN TENNESSEE

1930 South Germantown Road • Germantown, Tennessee 38138-2815
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Parks and Recreation - - A Look Ahead

Register for all classes at the Parks and Recreation office, 2276 West Street

Adult Baseball League (GABL)

The adult baseball league consists of current and former college players and adults interested in continuing their baseball careers. The league plays Sundays, Tuesdays and Thursdays. The season runs from early June through late August. The league is for players 18 years and older and the fee is \$1,500 per team. Register at the Parks and Recreation office, 2276 West Street. For more information, contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

Soccer Camp

Soccer camp is for players of all levels and abilities, from those who want to learn basic skills and tactics to high-level youth club players who want to refine technical abilities and gain knowledge. Fun games and exercises will be part of each session. The camp is for children ages 7 to 15, and is led by Germantown Soccer Club coaches. Camp sessions are May 27 to 31, June 2 to 6, or August 4 to 8 from 9 a.m. to noon. The fee is \$115. Register at the Parks and Recreation office, 2276 West Street. For more information, contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

Tennis Camp

Learn and practice the fundamentals of tennis this summer. The camp is for children ages 6 to 12 and is led by Germantown tennis pro Bryan Rogers and staff. Camp sessions are Monday through Fridays, June 2 to 6, June 23 to 27, or July 21 to 25 from 9 a.m. to noon. The fee is \$125. Register at Parks and Recreation office, 2276 West Street. For more information contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

Lacrosse Camp

Lacrosse camp offers diverse instruction to meet the needs of lacrosse players at various skill levels. Instructors will assign players to groups according to age, experience and current skill level. There will be a 1:12 instructor-to-camper ratio to maximize learning. Camp is led by Ryan Ward, former NCAA All-American and 2006 Canadian National Team Member. Camp is for children ages 7 to 13 and will be held Monday

through Thursday, June 16 to 19, from 9 a.m. to 1 p.m. The fee is \$150. Camp for children ages 14 to 18 will be from 5 to 9 p.m. The fee is \$175. Register at the Parks and Recreation office, 2276 West Street. For more information, contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

Baseball Camp

Learn the fundamentals of baseball while emphasizing fun, fitness, and friendship. Campers will receive individual and group instruction through fundamental drills and games by University of Memphis Baseball Coaching staff and players. The camp is for players ages 7 to 14. Camp is Monday through Thursday, July 21 to 24, from 9 a.m. to noon. The fee is \$150. Register at the Parks and Recreation office, 2276 West Street. For more information, contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

Basketball Camp

Reinforce the fundamentals of basketball during a special camp led by Memphis Grizzlies staff. Campers will receive a T-shirt, two complimentary tickets to a Grizzlies home game and other items from the Memphis Grizzlies. The camp is for children ages 6 to 13 and will be held Monday through Friday, July 14 to 18, from 9 a.m. to noon. The fee is \$150. Register at the Parks and Recreation office, 2276 West Street. For more information, contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

Fun in the Sun

The faces of little ones, ages 2 to 6, will light up when creating a floating foil fleet Friday, May 16. Germantown Community Library will engage children in stories, music and dance on Friday, May 23. These free events are from 10:45 to 11:45 a.m. at Kiwanis Pavilion at Municipal Park, Exeter Road. Stay around for the Municipal Melodies concert after class. Class space is limited. Reservations are required. For more information or to register, contact Michelle McDonnell at 757-7382 or mmcdonnell@germantown-tn.gov.

Municipal Melodies Concert Series

Enjoy a free outdoor concert featuring the Delta Cats blues duo Friday, May 9; the jazz duo, Brian "Breeze" Cayolle, Friday, May 16; and jazz duo Cherry Brooks & Cal Jackson on Friday, May 23, from 11:45 a.m. to 1:15 p.m. at Kiwanis Pavilion at Municipal Park on Exeter Road. For more information, contact Michelle McDonnell at 757-7382 or mmcdonnell@germantown-tn.gov.

Street Cycling Smarts and Skills

This free program starts with a fun and informative classroom discussion, demonstration, slides and videos. The evening session covers the basic knowledge for skilled and enjoyable cycling, including riding in parks and the suburbs, necessary equipment, crash avoidance, basic equipment maintenance, and legal rights and responsibilities. Students meet on the following Saturday to learn and practice basic bike handling, safer cycling, and emergency maneuvers. A group ride will take place in a variety of suburban road conditions to practice and demonstrate participant's knowledge and performance of street cycling skills. Participants are required to bring a well-fitting helmet and a bike in good working order to the Saturday class. Space is limited. The program is designed for cyclists 14 years and older (Under 16 requires a parent to be present) and will be held on Thursday, May 15, from 7 to 9 p.m. and Saturday, May 17, from 8:30 to 11 a.m. at the Germantown Parks and Recreation office, 2276 West Street. For more information, call 757-7375 or dhalpern@germantown-tn.gov.

Bar-B-Que in the Park at Municipal Melodies

Enjoy the Germantown park crew's famous spicy BBQ chicken wings, homemade baked beans, slaw, drink and dessert for \$7. Kid's meals (hot dog, chips, drink and dessert) are available for just \$4. All proceeds benefit American Cancer Society and March of Dimes. The fundraising event is Friday, May 23, from 11:30 to 12:45 p.m. at Kiwanis Pavilion at Municipal Park, Exeter Road. Tickets are available at the Parks and Recreation office, 2276 West Street. For more information call 757-7375 or 757-7376.

“Good to Go Germantown” Part 1 - Ways to get kids and families active

Germantown has a new way to bring health and fitness to the entire family with the creation of Good to Go Germantown. The program, developed by the Germantown Wellness Coalition, combines physical activities and nutritional education for families. The kickball activity on Thursday, May 22 and badminton on Thursday, May 29 from 6:30 to 7:30 p.m. at Municipal Park, Exeter Road is free.

Special Recreation Dance Lessons

Join the fun by learning new, basic dance steps taught by dance experts. The free dance lessons feature The Bop on Thursday, May 29, from 7 to 8:30 p.m. at Pickering Center, 7771 Poplar Pike. The special recreation dance lessons are for people with intellectual or physical and their friends and families. For information contact Michelle McDonnell at 757-7382 or mmcdonnell@germantown-tn.gov.

Wild Animals of Tennessee

Get up close and personal with some of the wildlife in Tennessee. Learn how to prevent some of the common problems with wildlife around homes and how to live peacefully with creatures that share our environment. Children of all ages will enjoy the chance to meet "Promise" the opossum and some of her wild friends. Also take advantage of the opportunity to touch and feel furs, feathers and scales from native wildlife. The all-ages event is \$5 per person and will be held Saturday, May 24, at 10 a.m. at the Wolf River Nature Area (main trail head on Wolf River Boulevard next to Texas Gas Line). Space is limited. Register by Friday, May 16, at the Germantown Parks and Recreation office, 2276 West Street. For more information, call 757-7375 or dhalpern@germantown-tn.gov.

Spring Herb Garden

Want to grow fresh herbs? Learn how. The instructor will demonstrate how to plant a pot with complimenting herbs for cooking needs. Students will learn about different herbs and their valuable uses. A terra cotta herb pot, herbs, dirt and knowledge will be provided. The class is Tuesday, May 20, at 7 p.m., at Good Winds Garden Center, 2238 Sunset Road. The class fee is \$25. Space is limited. Register by Tuesday, May 16, at the Germantown Parks and Recreation office, 2276 West Street.

Rockies Rail Highlights

Love beautiful scenery and the enchantment of a train ride? If so, join Germantown Parks and Recreation for an adventure to the Canadian Rockies. A detailed travel brochure is available by calling 757-7376. The trip features the Rocky Mountaineer Train, Sunday to Sunday, September 28 to October 5. The trip fee is \$2,999 double occupancy, \$3,749 single occupancy. For more information, contact Regina Allen at 751-5656 or regina@germantown-tn.gov.

Stroll Into Fitness

StrollerFit® is a 50-minute interactive class for moms and other caregivers of babies and young children ages 6 weeks through 4 years. StrollerFit combines cardio, strength and core training using strollers and resistance equipment to provide an effective whole-body workout that is fun and challenging. Children are entertained with songs, nursery rhymes and other activities. Classes are ongoing so join at anytime. The first class is free. Classes are held Mondays and Wednesdays, from 9:30 to 10:20 a.m. at Johnson Road Park, 2970 Johnson Road. The fee is \$90 for 10 classes, \$175 for 25 classes. There is a one-time \$40 enrollment fee that includes equipment to be used in class or at

home. For more information contact Jennifer Gately at 757-8285 or jennifer.gately@strollerfit.com.

Boot Camp at the Park

Boot Camp offers adults back-to-basic exercises such as core and cardio endurance training, calisthenics, strength training and agility drills for all abilities. Boot Camp consists of three main elements: assessment, nutritional guidance and exercise. Individual assessments will include health history, body composition, body measurements and cardiovascular and muscular endurance. Sessions are May 30 through July 10, Tuesdays, Thursdays and Fridays, from 8 to 9 a.m., at Johnson Road Park, 2970 Johnson Road. The fee is \$165 for 15 sessions. For more information, call Kris Peters at 573-5067.

50 Plus Group

The Germantown 50PlusGroup offers opportunities to meet people, socialize with friends, eat, dance or take a trip.

Sheraton Casino Day Trip

The group departs Germantown Athletic Club, Thursday, May 15, at 8:30 a.m., arrives at the casino about 9:30 a.m. and departs the casino at 1:30 p.m., returning to Germantown Athletic Club about 2:30 p.m. The \$15 fee includes a buffet lunch, \$5 in free slot play and transportation. Register early as space is limited. A check reserves a place.

Square Dancing 101

The Spurs and Saddles Square Dance Club offers a free introduction to this uniquely American dance form the second Wednesday of each month, from 7 to 9:30 p.m. at Pickering Center, 7771 Poplar Pike. Experience great fun and low impact exercise. For more information, contact Moree Baranski at 683-1206 or Jim Bobo at 604-2733.

Party Bridge

Party Bridge is offered Tuesdays, from 9:30 a.m. to 2 p.m. at Pickering Center, 7771 Poplar Pike. The cost is \$2.

ACBL Sanctioned Duplicate Bridge

ACBL Sanctioned Duplicate Bridge is offered Wednesdays at 10 a.m. at Pickering Center, 7771 Poplar Pike. The cost is \$4.

Line Dance Lessons

Easy, beginner and intermediate line dance is offered Thursdays, from 3:30 to 4:30 p.m. at Pickering Center, 7771 Poplar Pike. The cost is \$2. Contact Laura Austin 744-0792 for more information.

Ballroom Dance Lessons

Dance lessons are offered on Fridays, from 10 a.m. to noon at Pickering Center, 7771 Poplar Pike. The cost is \$5 per person. A partner is not necessary.

Evening Ballroom Dances

Ballroom dancing is held the second Tuesday night of each month. Doors open at 6:30 p.m. with dancing from 7 to 9:30 p.m. at Pickering Center, 7771 Poplar Pike. The cost is \$5 per person.

Evening Line Dances

Evening line dance is held the third Friday of each month, from 7 to 10 p.m. Music is provided by Larry Logan. The cost is \$5.